

Alcohol Use Disorders Identification Test (AUDIT)

Directions: Please give an answer to each question.

1. How often do you have a drink containing alcohol?

Never

2-3 times a week

Monthly or less

4 or more times a week

2-4 times a month

2. How many drinks containing alcohol do you have on a typical day when you are drinking?

1 or 2

7 to 9

3 to 4

10 or more

5 to 6

3. How often do you have six or more drinks on one occasion?

Daily or almost daily

Less than monthly

Weekly

Never

Monthly

4. How often during the last year have you found that you were not able to stop drinking once you had started?

Daily or almost daily

Less than monthly

Weekly

Never

Monthly

5. How often during the last year have you failed to do what was normally expected of you because of drinking?

Daily or almost daily

Less than monthly

Weekly

Never

Monthly

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?
- Daily or almost daily Less than monthly
 Weekly Never
 Monthly
7. How often during the last year have you had a feeling of guilt or remorse after drinking?
- Daily or almost daily Less than monthly
 Weekly Never
 Monthly
8. How often during the last year have you been unable to remember what happened the night before because of your drinking?
- Daily or almost daily Less than monthly
 Weekly Never
 Monthly
9. Have you or someone else been injured because of your drinking?
- No Yes, during the last year
 Yes, but not in the last year
10. Has a relative, friend, doctor or other health care worker been concerned about your drinking or suggested you cut down?
- No Yes, during the last year
 Yes, but not in the last year

Total Score = _____

Scoring the AUDIT: Scores for each question range from 0 to 4, with the first response for each question (eg never) scoring 0, the second (eg less than monthly) scoring 1, the third (eg monthly) scoring 2, the fourth (eg weekly) scoring 3, and the last response (eg. daily or almost daily) scoring 4. For questions 9 and 10, which only have three responses, the scoring is 0, 2 and 4 (from left to right). A score of 8 or more is associated with harmful or hazardous drinking, a score of 13 or more in women, and 15 or more in men, is likely to indicate alcohol dependence.